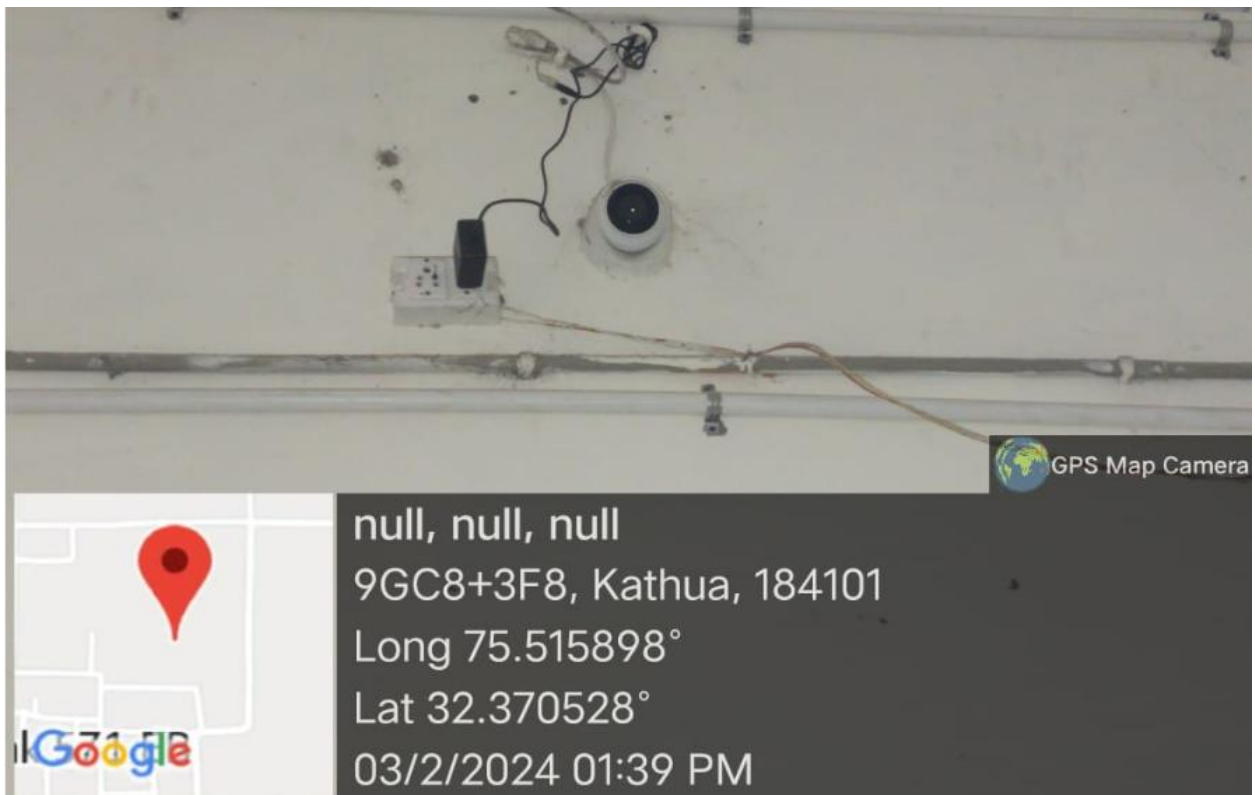


CCTV Surveillance



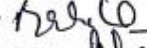

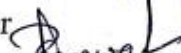
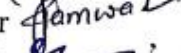

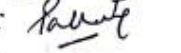



### Close-Gate Policy



Internal Complaints Committee/ Sexual Harassment Committee

- a). Dr. Babita Jamwal
- b). Ms. Romika Bassin
- c). Ms. Meenu Sadhotra
- d). Ms. Raj Kumari
- e). Ms. Shivani Sharma
- f). Ms. Pallavi
- g). Mr. Satish Khajuria

- Convener 
- Co-Convener 
- Member 
- Member 
- Member 
- Member 
- Member 



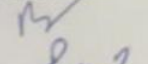
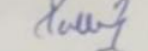
Anti-Ragging Committee

- a). Mr. Pankaj Nandan
- b). Ms. Romika Bassin (Nodal Officer)
- c). Ms. Usha Devi
- d). Ms. Ambika Rajput
- e). Ms. Raj Kumari
- f). Ms. Shivani Sharma
- g). Mr. Roshan Lal Sharma (PTI)

- Convener 
- Co-Convener 
- Member 
- Member 
- Member 
- Member 
- Member 

53) Anti Ragging Squad

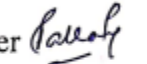
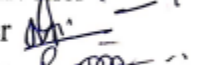

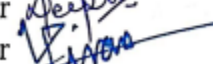

- 1. Dr. Inderjeet Kour
- 2. Mr. Ashwani Kumar Khajuria
- 3. Dr. Babita Mahajan
- 4. Ms. Pallavi

- Convener 
- Co-Convener 
- Member 
- Member 

Women Studies Centre

46) Women Development Cell /Study Centre

- a). Ms. Meenu Sadhotra
- b). Ms. Pallavi
- c). Dr. Mukesh Kumari
- d). Dr. Rajni Khajuria
- e). Dr. Deepti Salotra
- f). Dr. Usha Kiran

- Convener
- Co-Convener 
- Member 
- Member 
- Member 
- Member 

GOVT. DEGREE COLLEGE FOR WOMEN KATHUA  
Organizes  
Women Study Centre, GDCW Kathua  
One Day Workshop on the topic  
"SAVE AND EMPOWER GIRL CHILD"  
on 24<sup>th</sup> Jan 2024, Time: 11:00 AM  
"National Girl Child Day"

Dr. Smita Bora  
Principal  
GDCW Kathua

Dr. Rajesh Sharma  
Senior Professor  
Aligarh Muslim Univ.  
Resource Person

Dr. Anand Kaur  
Assistant Professor  
GDCW Kathua  
Resource Person

Advisory Committee  
Dr. Indorjeet Kour  
Prof. Ashwani Kumar  
Dr. Babita Mahajan  
Dr. Rachna Devi

Organizing Secretary  
Dr. Deepshikha Sharma

Organizing Committee  
Dr. Anshika  
Dr. Manish Kumar  
Dr. Nishant Kumar  
Dr. Deepshi Salwan

NATIONAL Girl Child DAY

GPS Map Camera  
Kathua, ,  
9GC7+6RF, Kathua, 184101  
Lat 32.370917°  
Long 75.514632°  
24/01/24 11:33 AM GMT +05:30

GPS Map Camera  
Kathua, ,  
9GC7+6RF, Kathua, 184101  
Lat 32.370917°  
Long 75.514632°  
24/01/24 11:35 AM GMT +05:30

## राष्ट्रीय बालिका दिवस पर बेटों बचाओ सशक्त बनाओ विषय पर 1 दिवसीय कार्यशाला आयोजित

**कार्यशाला में भाग लेने वाले कॉलेज की छात्रों कार्यक्रम के संयोजक सदस्यों के साथ सम्मेलन चित्र में। (अर्जुन शर्मा)**

**सविता न्यूज/कुलदीप शर्मा**  
कटुआ, 24 जनवरी : राजकीय महिला डिग्री कॉलेज कटुआ के महिला अध्ययन केंद्र ने राष्ट्रीय बालिका दिवस 2024 के अवसर पर बेटों बचाओ और सशक्त बनाओ विषय पर एक दिवसीय कार्यशाला का आयोजन किया। इस कार्यक्रम का मुख्य उद्देश्य हमारे समाज में लड़कियों को देखने के तरीके में परिवर्तनकारी बदलाव लाना था। कार्यक्रम के लिए कुल 70 प्रतिभागियों ने अर्जुन परियोजना कराया। पहले तकनीकी सत्र में 10 प्रतिभागियों ने बेटों बचाओ और सशक्त बनाओ विषय पर पोस्टर प्रस्तुतियां दीं। विद्यार्थियों ने समाज में बालिकाओं को होने वाले असमानता, इसे दूर करने के विभिन्न तरीकों और बालिकाओं के सर्वाधिकारों के महत्व पर विस्तार से अपने विचार व्यक्त किए। दूसरे तकनीकी सत्र के दौरान डा. राजेश शर्मा नूरो फिजियोथेरेपिस्ट मिलाहाता केलनेस इंडिया ने लड़कियों में वजन प्रबंधन पर एक विस्तृत प्रस्तुति दी। उन्होंने लड़कियों के लिए संस्थानों में स्वास्थ्यत्मक माहौल बनाने पर भी जोर दिया ताकि वे नरसे और अनैतिक गतिविधियों की ओर प्रभावित न हों। डॉ. अर्चना भट्ट सहायक प्रोफेसर जीडीसी कटुआ द्वारा भी यह आवश्यकता जहां महिलाओं की विशेष आहार संबंधी आवश्यकताओं और मासिक चक्र, बच्चे पैदा करने और रजोनिवृत्ति से जुड़े हार्मोनल परिवर्तनों पर केन्द्रित थी जो महिलाओं को एनर्जिया और ऑस्टियोपोरोसिस का अधिक खतरा बनाती है। उन्होंने पोषण के साथ-साथ शारीरिक रूप से फिट रहने के लिए सरला टिप्स भी साझा किए। नूरी सदस्यों डॉ. नवीता महाजन, डॉ. रचना देवी, डॉ. नेतू गुप्ता द्वारा सर्वश्रेष्ठ पोस्टर का चयन किया गया। शिवानी अंडोज, अंजलि और नेहा शर्मा ने पहला, दूसरा और तीसरा स्थान हासिल किया।



### Hygiene Facilities





### Emergency Helplines

GOVERNMENT DEGREE COLLEGE FOR WOMEN, KATHUA  
Near Stadium, Near Police Lines, Ward No. 2, Kathua, Jammu & Kashmir,  
184101

**Emergency Helplines for Women**  
Display for Quick Access

This is to inform all students and staff that the following emergency helpline numbers are available for assistance.

**National Helplines:**

1. Police Control Room: 112
2. Women Helpline: 181
3. Ambulance Service: 102
4. Fire Control Room: 101
5. Cybercrime Helpline: 1930

**Local Helplines:**

6. Local Police Station (Kathua): +91-1922-234010
  - o Location: Near District Court Complex, Kathua

**College Contact Points:**

7. Convener, Discipline Committee & ICC:
  - o Prof. Babita Jamwal: 94191 41705
8. Convener, Student Welfare Committee:
  - o Prof. Shivani: 98586 14057

All are advised to keep these numbers handy.

Geo-Tagging Camera within the campus for administrative office.

2024/02/24 10:19  
Kathua,  
9GC7+6RF, Kathua, 184101  
Lat 32.370726 Long 75.515194

## Identity Cards



## Girls Common Room Facilities



## Psychological Counseling Support

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S.No.	Date	Name of the Activity	Brief Description
1	26-06-2023	International Day Against Drug Abuse and Illicit Trafficking	The Drug De-Addiction / Psychological Counselling Cell of Govt. Degree College for Women, Kathua celebrates International Day Against Drug Abuse and Illicit Trafficking
2	07-08-2023	Interactive session on Drug Abuse and Mental Health	The Drug De-Addiction / Psychological Counselling Cell of Govt. Degree College for Women, Kathua organized an Interactive session on Drug Abuse and Mental Health issues in collaboration with police Headquarters, Kathua.
3	17-08-2023	Signature Campaign and Pledge	The Drug De-Addiction / Psychological Counselling Cell of Govt. Degree College for Women, Kathua issues in collaboration with District Social Welfare office launched signature Campaign and Pledge.
4	06-11-2023	Interactive cum Awareness cum programme and medical camp on Drug De-Addiction and Common female Health issues.	The Drug De-Addiction / Psychological Counselling Cell of Govt. Degree College for Women, Kathua organized an Interactive cum Awareness cum programme and medical camp on Drug De-Addiction and Common female Health issues in collaboration with the Government Homeopathy Hospital, Kathua
5	06-12-2023	Awareness cum debate program on Drug abuse and other Health Issues	The Drug De-Addiction / Psychological Counselling Cell of Govt. Degree College for Women, Kathua organized an awareness programme program on Drug abuse and other Health Issues in collaboration with the office of BMO, sub district hospital, Parole.
6	31-01-2024	Awareness program on Drug abuse with posters and slogans	The Drug De-Addiction / Psychological Counselling Cell of Govt. Degree College for Women, Kathua organized an awareness programme with posters and slogans on drug abuse.
7	23-02-2024	Awareness Rally on Drug Abuse	The Drug De-addiction cell / Psychological Counselling Cell organized an awareness rally on Drug Abuse with posters and slogans . The event aimed to educate and sensitize society about the dangers of drug abuse, its impact on individuals and society, and the importance of leading a healthy lifestyle





Lecture on "Holistic development"

